independent doctors federation

# **How to set up in Private Practice**

Tuesday 1st April 2025

#IndependentTogether

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## **PROGRAMME & SPEAKERS**



#### Howden - Simon Gale

**Topic:** 'Howden's pathway to private practice and how it will assist and support consultants who are about to start private practice'

Simon is a specialist broker with over 20 years of experience in Medical Malpractice and Professional Indemnity in the UK. As a qualified lawyer and Director in the Healthcare team at Howden, he brings extensive expertise and a focus on risk management. Simon offers tailored solutions to clients, including individual consultants and hospitals, and regularly presents at seminars and conferences. He also places business into the UK on behalf of international brokers.



#### **Kingsley Hollis**

**Topic:** 'The private practice playbook: your blueprint for sucess'

With over 30 years of experience in healthcare technology, Kingsley is passionate about delivering innovative digital solutions that empower healthcare professionals. Since joining Healthcode in 2017, he has played a key role in driving the adoption of technology that streamlines practice management and medical invoicing for the UK's private healthcare sector. Healthcode is the recognised leader in secure, automated solutions that support the smooth running of private healthcare. Its ePractice platform is designed to help practitioners manage their businesses efficiently, from patient bookings to invoicing and payment reconciliation. Kingsley is committed to helping healthcare professionals embrace digital transformation, ensuring they have the tools to work smarter, improve efficiency and focus on patient care.



#### Martha Walker

**Topic:** 'Making CQC part of your business plan and your business plan part of your CQC application'

Martha is an independent CQC advisor to private doctors and small clinics. She has nearly 40 years experience in independent healthcare including running her own independent general practice for over 25 years. Since 2011 she has specialised in working with doctors new to the sector to gain CQC registration and open for business. Martha holds workshops and presentations on CQC compliance for healthcare providers. She also mentors managers and their teams and has lectured to undergraduates on practice management. Since 2012 Martha has been the Independent Doctors Federation's independent CQC advisor.



#### **Dr Rachel Liebmann OBE**

**Topic:** 'What to Look for in a Pathology Provider'

Dr Rachael Liebmann, CMO for Sonic Healthcare UK, is a consultant breast histopathologist at Queen Victoria Hospital in Sussex with 20 years of NHS experience. She has held senior roles, including vice president of the Royal College of Pathologists and trustee of the Royal Medical Benevolent Fund. In 2015, she was shortlisted for Clinical Leader of the Year by HSJ and was named one of the world's 100 most influential pathologists in 2015 and 2018. Dr Liebmann received the Royal College of Pathologists' Medal in 2017 and was awarded an OBE in the 2020 Birthday Honours for her contributions to pathology.



### **Dr Helen Read**

Topic: 'Launching my solo Private Practice: Overcoming the challenges'

Dr Helen Read, a consultant psychiatrist, is the founder of ADHD Consultancy Ltd, a successful private ADHD clinic she built from scratch. After years in the NHS, frustrated by bureaucracy, she transitioned to private practice just before the global pandemic with no business plan but a strong belief in better patient care. Despite facing challenges like CQC scrutiny and personal setbacks, Helen thrived, proving that private practice can succeed even after early mistakes.



### Dr Minha Rajput-Ray

**Topic:** 'Setting up in a niche area, exploring the learnings, challenges, and practical advice such as compliance, finances, and patient acquisition.'

Dr Minha Rajput-Ray is the Founder and CEO of Curaidh Clinic, <u>www.curaidh.com</u> (a flagship tertiary referral centre based in Dundee, Scotland providing innovative approaches to Pain, Chronic Disease and Work Health). They look after patients globally, the key focus is to guide patients and their families through the maze of unexplained medical conditions, persistent pain and fatigue syndromes (including Long-Covid and Lyme and co-infections). Their network of clinicians ensure that this collaborative model bridges innovative approaches with standard medical care via data driven sustainable care.



## **Dr Meg Minasian**

**Topic:** 'Journey from NHS to private practice, offering key advice on managing finances, patient journeys, staffing, essential business support including technology, legal, and compliance'

The MW Clinic London, founded in 2023 by Dr Meg Minasian, a former NHS consultant eye surgeon and experienced aesthetic doctor, offers evidence-based regenerative and therapeutic treatments for facial concerns. With over 30 years of medical experience, Dr Minasian personally treats every patient using advanced technologies like Sciton BBL light therapy and injectables. She is one of the UK's most experienced botulinum toxin practitioners, with 25+ years of expertise, providing natural-looking, clinically proven results in a safe and discreet environment.



#### **Mr Jamie Foster**

**Topic:** 'Legal – regulatory, Al and other key things you need to know'

Jamie is a lawyer specialising in the healthcare and life sciences sectors. Clients include consultant groups, private hospitals and clinics, NHS organisations, life sciences businesses, and academic and research institutions. Jamie advises clients on commercial and regulatory matters, including for all aspects of setting up new businesses, contracting arrangements, joint ventures and collaborations, and intellectual property matters. Jamie frequently lectures on health and life sciences topics, including on the regulation and adoption of AI, including to the Science & Engineering Health Technologies Alliance, Barts Life Sciences, the Independent Doctors Federation (IDF) and UK Health Innovation Networks.

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